



Lesson 37:

Working Within the Level of Health

Acting responsibly within the context of the client's life conditions and resources, both physical & psychological.

What are some reasons a client may be unable to open to the Empathy phase?

What are some components that make up the client's baseline of health?

What is a healing crisis?

Why might a client need a foundation of health before they can do the deep work of the Empathy phase?

Look up 3 common mental health conditions and write descriptions for each one.

1)

2)

3)

