



Lesson 32:

Contact Statements and Verbal Cues

Supporting clients in self-connection and self-awareness

What is the intention of offering a contact statement to a client?

What is included in an effective contact statement?

What are three examples of effective contact statements?

When you make a mistake in your mirroring or in your contact statements, what can be a positive outcome?

What's the difference between a *contact statement* and a *verbal cue*?

Give three examples of verbal cues that you could give to a client that may help expand their awareness.

